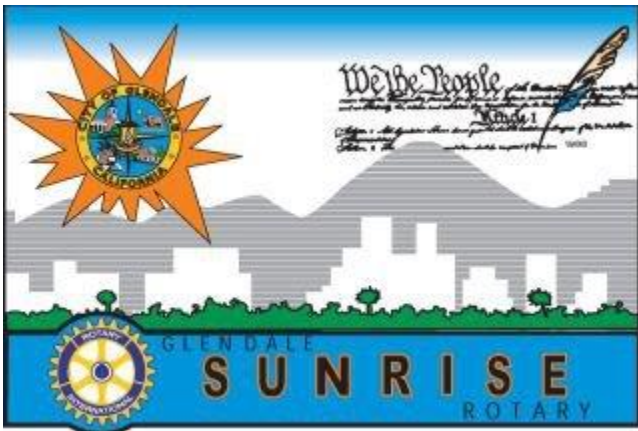


Welcome to Glendale Sunrise Rotary



Andrea Amor



Rotary



ROTARY
CONNECTS
THE WORLD

Barry Bradley

INSPIRATION

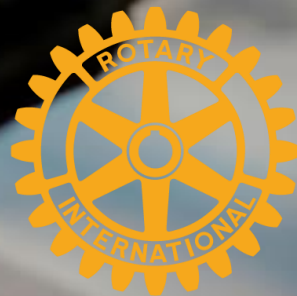


Rotary International Vision Statement

TOGETHER, WE SEE A WORLD WHERE PEOPLE
UNITE AND TAKE ACTION TO CREATE LASTING
CHANGE - ACROSS THE GLOBE, IN OUR
COMMUNITIES, AND IN OURSELVES.

ROTARY'S VISION STATEMENT

Rotary



ROTARY
CONNECTS
THE WORLD



Yvette Davis

The 4 Way Test



Welcome

Visiting Rotarians & Guests



A person stands on the edge of a large, layered rock formation, silhouetted against a bright sunset. Their arms are raised in a 'V' shape, reaching towards the sky. The sun is low on the horizon, creating a strong orange and yellow glow that fills the sky and reflects off the rock. The background shows rolling hills and a valley under a sky with scattered clouds.

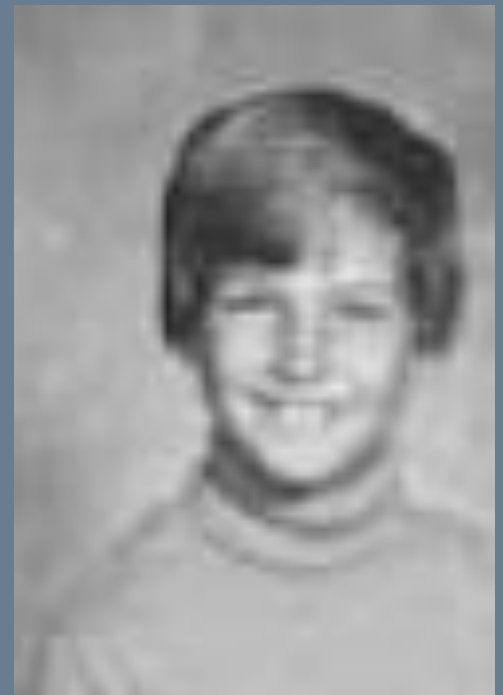
Fines

&

Acknowledgements

Guess Who's

**HAPPY
BIRTHDAY**



January



Name

Date

Alex Parajon

Jan 11

Stephen Ropfogel

Jan 21

Eric Hamilton

Jan 26



Happy Anniversary

Anniversaries

Name	Spouse Name	Years	Date
Rangwala, Ray	Cindy	34 years 0 months	Jan 30 1986

Happy Rotary-Versary

Date Joined Rotary

Name	Years	Date
Keller, Irene	11 years 0 months	Jan 01 2009
Keller, Peter	11 years 0 months	Jan 01 2009
Smith, David	26 years 0 months	Jan 01 1994
Ward, Diamond	1 year 0 months	Jan 25 2019
Wallace, Anita	4 years 0 months	Jan 29 2016
Viar, David	6 years 0 months	Jan 31 2014





Nina Crowe



Club Assembly



Welcome to Glendale Sunrise Rotary

President





January 23, 2020

Cocktails with the President

Fellowship
Committee



Coffee with the Club President

COFFEE

WITH THE

President

April 20, 2020

Time: 8:30am – 9am

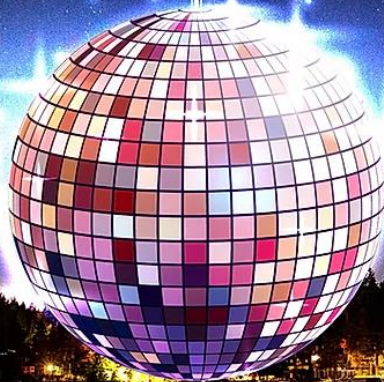
Location: Coffee Bean – Glenoaks next to TJ's.

Rotary



March 31, 2020 7am





★ ★ ★ ★ ★
2020
Rotary
Inferno

**ROTARY DISTRICT 5280
ANNUAL CONFERENCE**

APRIL 30 - MAY 3, 2020

LAKE ARROWHEAD RESORT & SPA



Welcome to Glendale Sunrise Rotary

President Elect



Welcome to Glendale Sunrise Rotary

Treasurer

Welcome to Glendale Sunrise Rotary



Welcome to Glendale Sunrise Rotary

Club Administration

**BELIEVE
THERE IS
GOOD IN
THE WORLD**



Welcome to Glendale Sunrise Rotary



Membership

**YOU ARE THE
MISSING PIECE.**



MEMBERSHIP

FIRESIDE CHAT

Every 3rd Tuesday

North Shore Burgers

1929 B Verdugo Blvd

Montrose (next to UA Theater)

Time: 5:00pm



All members welcome.

MEMBER INDUCTION

Last Friday of each month

At regular club meeting



Welcome to Glendale Sunrise Rotary

Fellowships



FELLOWSHIP'S Past 6 Months

GSR Family Unity Summer Picnic
Sunday, July 21, 2019 1:00pm – 5:00pm

Casa de Villa (Richard & Kim Villa)
3113 Sparr Boulevard
Glendale, CA 91208

Food for barbecue will be provided.
Please sign up to bring: appetizer, dessert, non-alcoholic drinks, salad or side dish to share.

Sign up at Club Meeting or on [GOOGLE DOCS](#)

You may bring beer, wine or other beverage of choice in addition to your shared item.

Bring friends & family and prospective Rotarians

Create your team Bocce & Corn Hole Competition
Will you be the next GSR Champion?

Glendale Sunrise Rotary

food games fellowship fun



August 17, 2019
3pm – 6pm



September 21, 2019
6:10pm Game



October 16, 2019
Montrose Bowling Alley

GCC Concessions-Fun for the whole family!



September 7, 2019
September 28, 2019
October 5, 2019
October 19, 2019
November 9, 2019

11:30am-4:30pm

FELLOWSHIP'S Next 6 Months



Cocktails with the
President
January 23, 2020



April 2020



Karaoke Night
6pm – 10pm
February 18, 2020



City of Glendale
Dodgers Night:
Friday May 9, 2020
Tix: \$45 per person



March 14, 2020



Demotion/Installation Party
Location: TBA
Time: TBA
June 27 or 28, 2020

Welcome to Glendale Sunrise Rotary

Public Image

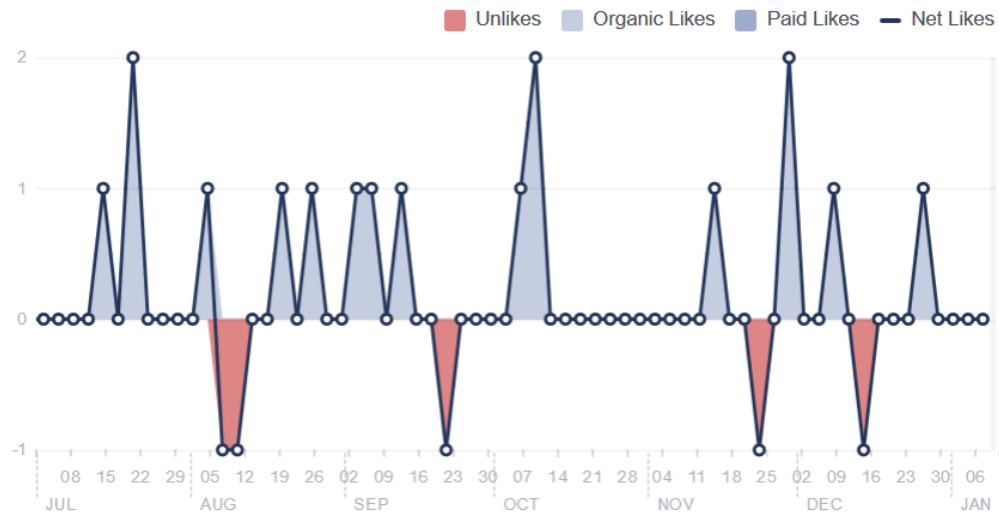


Total Page Likes as of Today: 454



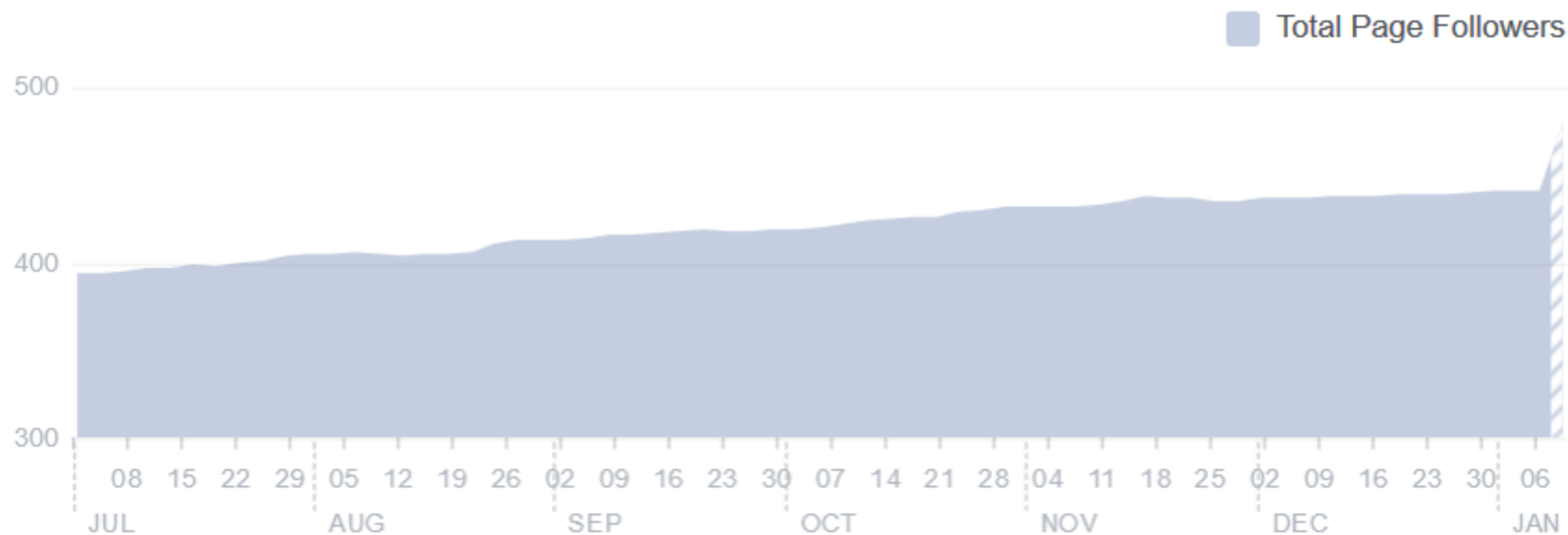
Net Likes

Net likes shows the number of new likes minus the number of dislikes.



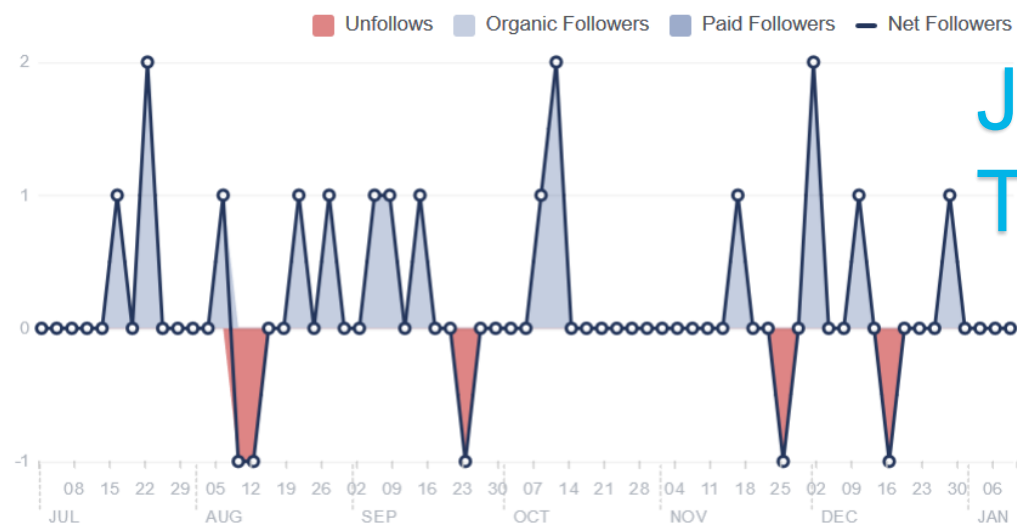
July 1, 2019: 407 Likes
Today: 454 , Up by 47

Total Page Followers as of Today: 480



Net Followers

Net followers shows the number of new followers minus the number of unfollows.



July 1, 2019: 394 Followers
Today: 480 , Up by 86



Glendale Sunrise Rotary Youth Programs 2019.2020

Youth Committee Chair - Melina Sardar



Pageant of the Arts

Rotary's Pageant of the Arts provides high school students the opportunity to display their talents and compete with other students for recognition and monetary prizes. Students gain valuable experience as well as exposure to University Deans and professors.

Club Competition Date: 02/07/19

District Competition Date: 02/14/19



**Deadline:
01/15/19**



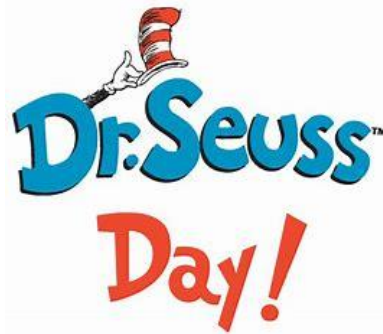
Each year, between 180 and 200 high school students from the Los Angeles area which defines Rotary International District 5280 meet for 2 1/2 days and participate in a variety of activities:

- leadership workshops
- team building activities
- Olympics and talent show.

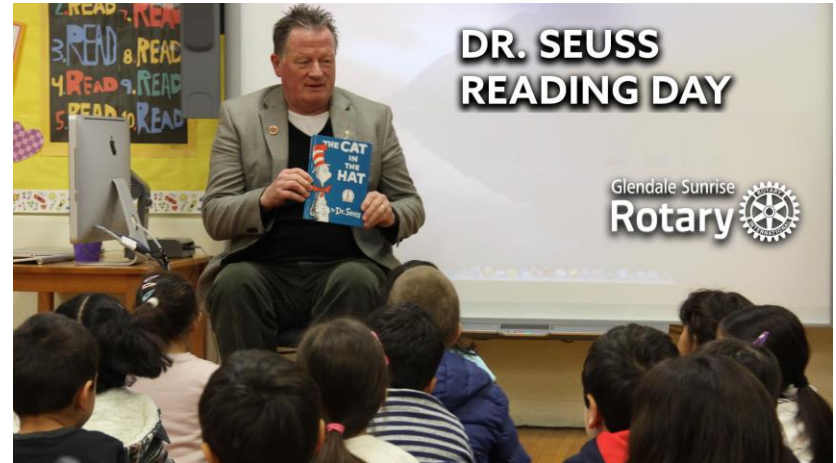
[Apr 24, 2020 – Apr 26, 2020](#)

Set high in the San Bernardino Mountains, the setting of the camp is breath taking and completely private, giving the students a peaceful environment in which to learn to know themselves and each other better.

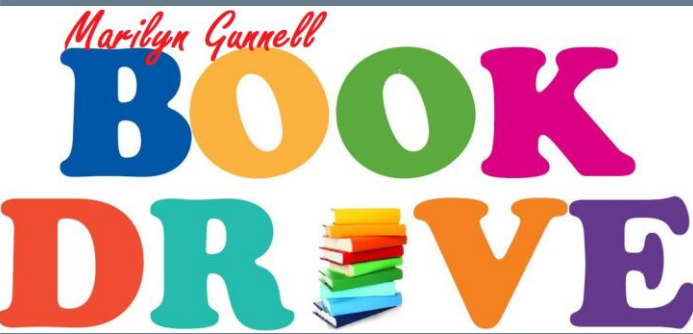
GSR
Commitment
to Youth In our
Community



March 2, 2020



Marilyn Gunnell Book Drive -April 8, 2020 @Horace Mann Elem





Vision To Learn provides free eye exams and free eyeglasses to elementary school students.



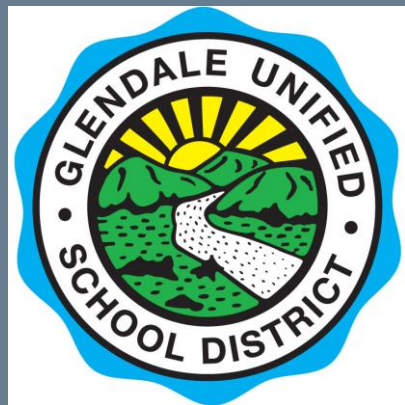
Bully me not!



Bullying Awareness Forum

Late April or May 2020

GUSD Middle School Grant Program and GEF Teacher Grant Program



\$1,500 Grant

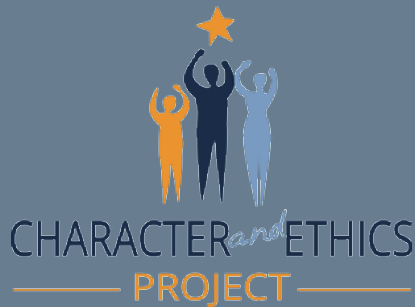


\$2,000 Grant

Youth



Rotary Youth Leadership Assembly we will be sponsoring 5 kids @\$200 Each



Youth Leadership Conference



Youth Empowerment Camp



Welcome to Glendale Sunrise Rotary



Community Service

LA Food Bank



**Held Saturday
September 7th,
9:30am - noon**

**District Day of
Service Scheduled
for Jan 25**



Unity Project with Rotarians and Kiwanians at the Campbell Center (Oct 26, 2019)



Montrose Octoberfest



Held Saturday
October 5, 11:30am
to 9:30 pm



Healthy Culinary Workshop – Glendale Schools (LIFT)



Teaches students in elementary or middle school how to turn vegetables into delicious easy-to-make recipes.

After School Classes Held Weekly Oct 31 through Dec 20 at Roosevelt Middle School. Next Salvation Army on Jan 27



Healthy cooking finds home at Roosevelt Middle School

BY ANDREW J. CAMPA

Some of the ingredients placed atop a portable cooking table are common to a kitchen: salt, Italian parsley, vegetable broth and a hot plate.

Other elements found inside Roosevelt Middle School's after-school culinary workshop were new to such a scene, namely the 20 students taking part in a healthy cooking class funded by the Glendale Sunrise Rotary Club.

The organization is spearheading a six-week project to help some of Glendale Unified's newest children.

Rotary club president Alex Parajon said he and other members of his organization had been trying to identify new programs they might provide to the community. "One of the things we decided to look into was the idea of healthy eating," he recalled.

Parajon filed for a grant with Rotary District No. 5295, which includes 60 clubs from Santa Clarita to Long Beach, to see if he could find a way to fund such a program.

Parajon's efforts were rewarded as he earned a \$2,750 allocation to explore how exactly to bring healthy living to Glendale.

"We at the Rotary thought, 'Why not teach underprivileged kids how to cook healthy and at the same time go back to their homes, go shopping with their parents and learn how to shop for healthy grocery items?'" Parajon said.

"It's better than them buying chips and junk food," he added.

On Halloween — a day known for anything except healthy eating — the Rotarians, Glendale Unified and Hollywood-based chef Santiago Segura embarked on their first class with about 25 Roosevelt after-school students.

The group cooked cauliflower fried rice.

"Most of the kids didn't think the food would taste good," said Segura, a native of Colombia, who learned his trade in Miami and Daytona Beach restaurants. "They were asking for seconds at the end."

Segura's robust menu includes dishes such as broccoli slaw with whole wheat grilled cheese sandwiches, kale salad with homemade vinaigrette and croutons and tomato basil bruschetta.

On Thursday, the fifth of six classes, Segura separated the students into groups of six and seated them at tables with brightly colored red, blue, purple, yellow and green place mats. The goal was to cook fettuccine Alfredo with asparagus.

As students sliced away the inedible lower portion of the asparagus stalks with butter knives and separated parsley by hand, Segura recounted the ground rules.

The first commandment — "don't talk when the chef's talking" — seemed more suggestive than strict as students giggled with glee and whispered when frustrated, while a few howled with delight upon completion of a task.

Segura also instructed students to "keep their stations clean," "be careful with the knives," "taste your food before you serve it" and "have fun." "I didn't like the cutting," Roosevelt sixth-grader Suzie Nudukhanyan said, "but the rest was fun."

The most interactive portion of the cooking class followed when

made vinaigrette and croutons and tomato basil bruschetta.

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As asparagus was mixed with shallots, some students crushed and added pepper, some tossed and added salt, while others poured in hearty amounts of vegetable broth and Parmesan cheese into the noodles.

The bravest students mixed the noodles and ingredients with tongs, all under Segura's watchful eye.

At the end of one hour of instruction, preparation, cooking and cleaning, Segura's class easily

ings.

"The noodles were the best," Roosevelt sixth-grader Lyndsey Lopez said. "I didn't think it would taste good, but it did."

The response was exactly what Parajon had hoped.

"Our goal is to expand this program through the district, but you have to succeed first with your first group," he said.

andrewcamp@latimes.com
Twitter: @campadreports

October 16, 2019

GFD Awards Luncheon



Ascencia Winter Clothing Drive



WINTER CLOTHING DRIVE

We are collecting the following items:

- Sweaters
- Sweat pants
- Gloves
- Beanies
- Long Sleeve Shirts



LA Food Bank



Held Saturday Nov 17th, 9:00am – 1pm



Held Saturday Dec. 21st at Vons La Crescenta from 10-6

Salvation Army Bell Ringing Collection





CHRISTMAS GUEST CHEF AND GIFT DISTRIBUTION

Held Monday December
23rd 5 am to 7 am

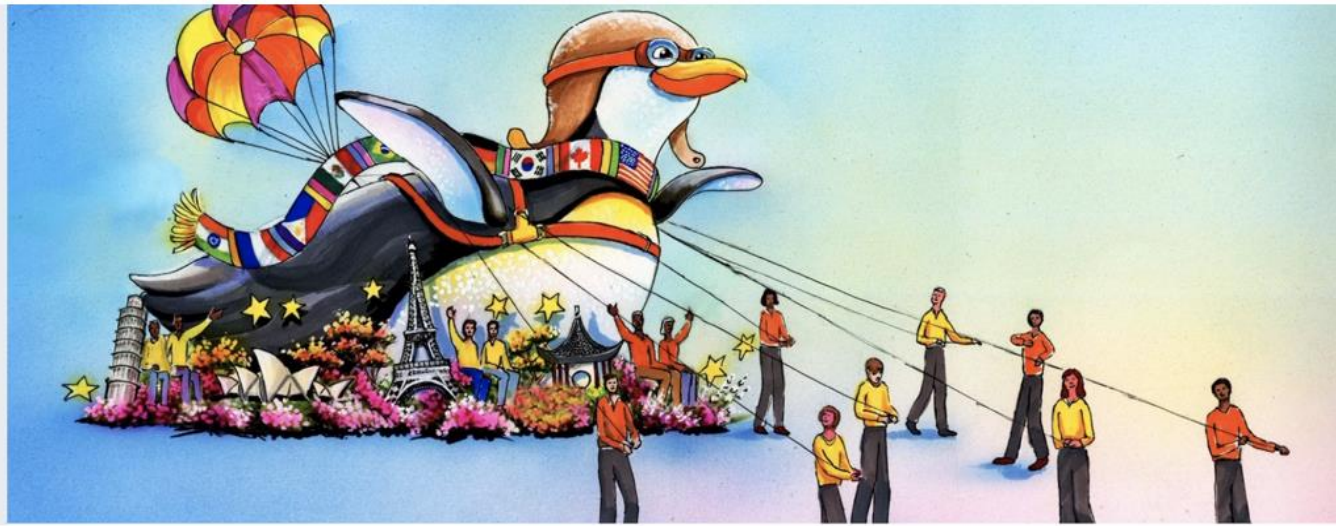


Rose Float Decoration



Rotary Rose Parade
Float Committee

@RotaryRoseParadeFloat
Committee



Held Saturday December 28, 2019 8 am – 4 PM



Screenshot

Special Olympics



April 18, 2020



Welcome to Glendale Sunrise Rotary



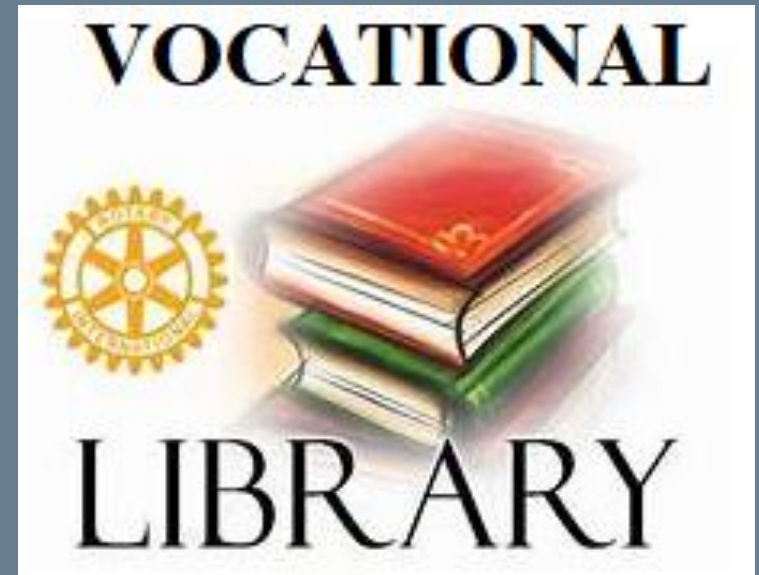
Vocational



GSR Vocational Faire - Friday January 24th, 2020



Vocational Accomplishments

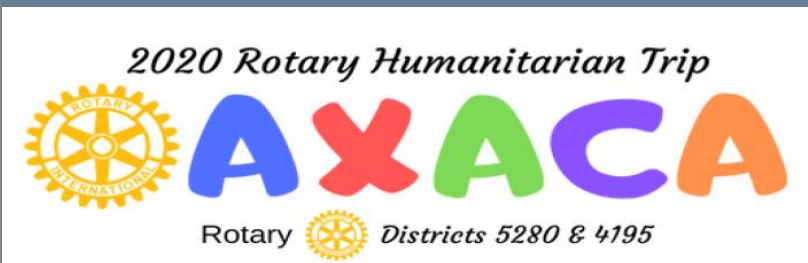


Welcome to Glendale Sunrise Rotary



International





There is an outside playground and gym with a solar powered light and charging station. We will be installing a cover for shade, planting trees and painting the Rotary wheel on concrete.



Navajo Dig Deep Project – Reverse Global Grant

Lack of access to running water is an issue in many developing countries, but it is also a problem in the United States. Nearly 40 percent of the homes in the Navajo Nation lack running water or sanitation, and many are in such remote areas that they will never be able to connect to a water line. Special correspondent Fred de Sam Lazaro reports on new efforts to bring them basic amenities.



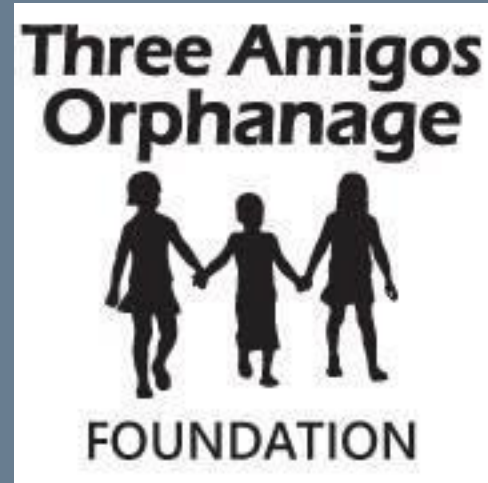
Armenia



Autism International Foundation



Our two international organizations we support



Welcome to Glendale Sunrise Rotary

Rotary Foundation and Development

“Doing Good in the World”



Areas of Focus



Peace and Conflict Prevention/Resolution



Disease Prevention and Treatment



Water and Sanitation



Maternal and Child Health



Basic Education and Literacy

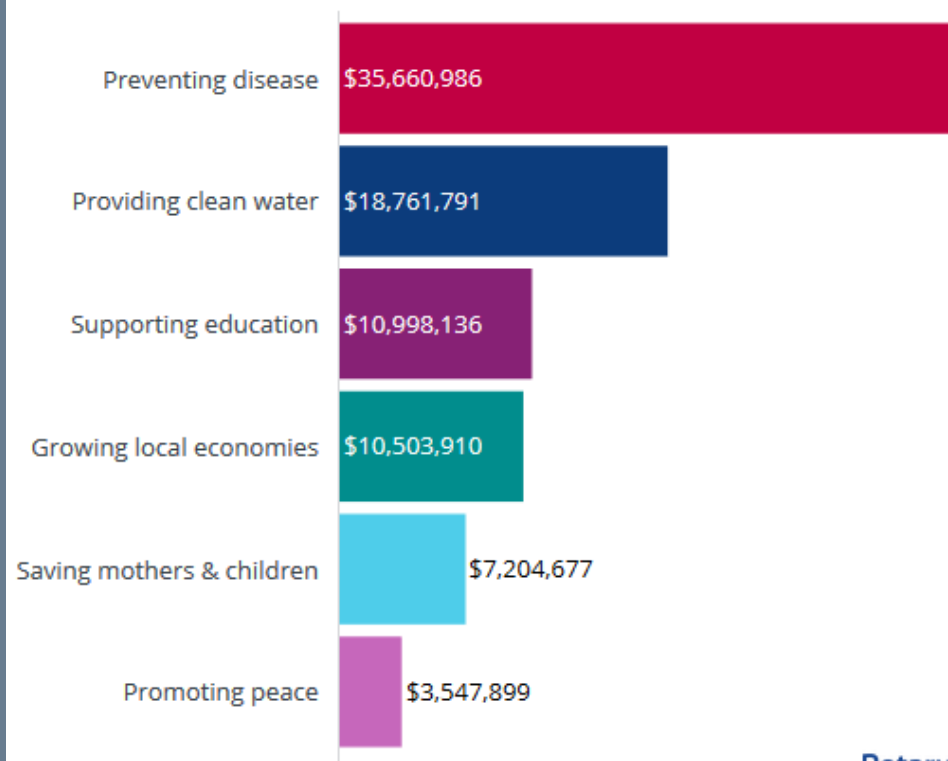


Economic and Community Development

The Rotary Foundation

Foundation grants

The Foundation awarded \$86,677,399 in funding to 1,306 grants during fiscal year 2018. Here is a breakdown of causes the grants supported.



Rotary Foundation and Development

Paul Harris Fellow (PHF) recognition is given in appreciation to anyone who contributes, outright or cumulatively - or in whose name is contributed - a gift of US\$1,000 or more to the Annual Programs Fund, PolioPlus, or the Humanitarian Grants program.



Multiple Paul Harris Fellows receive pins with additional stones. Recognition levels are based on the following guidelines:

Recognition total

US\$2,000 to 2,999.99
3,000 to 3,999.99
4,000 to 4,999.99
5,000 to 5,999.99
6,000 to 6,999.99
7,000 to 7,999.99
8,000 to 8,999.99
9,000 to 9,999.99



Pin level

one sapphire
two sapphires
three sapphires
four sapphires
five sapphires
one ruby
two rubies
three rubies



Rotary Foundation and Development

Our members!

Paul Harris Fellow



David DiJulio
Rick Dinger
Richard Diradourian
Eli Gunnell
Nick Hacopian
Zaven Kazazian
Frank Lopez
Gabriel Matta
Scott Pafford
Alex Parajon
PJ Pati
Jory Potts
Jewel Price

Ray Rangwala
Jeanett Cordon
Stephen Ropfogel
David Smith
Peggy Smith
Keith Sorem
Sharon Townsend
David Viar

Rotary Foundation and Development

Our members!



Paul Harris Society Members

Zainul Abedin
Alex Parajon
Jewel Price
David Smith

Rotary Foundation and Development

Our members!

Major Donor Level 1

Zainul Abedin

David Smith**

**Bequest Society Level 5



Rotary Foundation and Development

We have enough Club credit to grant 23,466 full-time PHF.
We wish to promote first timer Paul Harris Fellowship.

We plan to grant up to \$500 club credit to 1st time PHF who would contribute up to \$500 towards the plan.

We plan to make all Paul Harris Fellow Club.

Only 40% of our members are registered at Myrotary.org site. We want 100%



Welcome to Glendale Sunrise Rotary

Fundraisers

Fundraisers



Saturday
March 14, 2020



Fundraisers



Rotary



Time for FAMILY.
Time for WORK.
Time for COMMUNITY.

Time 
Rotary

Time to make
A DIFFERENCE.

»»» GlendaleSunriseRotary.org

Service Above Self